

Welcome

Welcome to the fourth edition of the Better Together stakeholder briefing, which aims to provide you with the latest information on the programme, progress to date and the next steps.

Since the last briefing, we have held a number of key events – most notably a self care strategy engagement workshop and a third sector engagement event – which have highlighted the areas in which we can work collectively to address the needs of the population in mid Nottinghamshire.

We have also started to work with providers to discuss how we are going to commission integrated services across all settings and types of healthcare.

Recent weeks have seen much closer integration between Mansfield and Ashfield and Newark and Sherwood Clinical Commissioning Groups (CCGs) and Sherwood Forest Hospitals NHS Foundation Trust, with work starting in the next few weeks to understand the flow of patients through the hospital. This will help provide an understanding of where social and community services can integrate more effectively.

Finally, you may be interested in an opportunity to help shape healthcare services in your local area by standing as a governor for Sherwood Forest Hospitals NHS Foundation Trust (see page five for details).



Amanda Sullivan, Chief Officer
Mansfield and Ashfield CCG &
Newark and Sherwood CCG

Programme Board Members*

The Better Together Programme Board meets on a monthly basis. Membership includes partners, stakeholders and a board sponsor for each major work:

Sir Neil McKay, Chair

Dr Judy Jones, Clinical Chair, Mansfield & Ashfield CCG and practising GP - *Elective Care Board Sponsor*

Dr Andy Haynes, Medical Director, Sherwood Forest Hospitals NHS FT - *Proactive & Urgent Care Board Sponsor*

Dr Kate Allen, Public Health Consultant & Newark & Sherwood CCG Governing Body member - *Women and Children's Board Sponsor*

Dr Mark Jefford, Clinical Chair, Newark & Sherwood CCG and practising GP - *IM&T Board Sponsor*

Paul Smeeton, Chief Operating Executive (Community Services), Nottinghamshire Healthcare NHS Trust - *Workforce Board Sponsor*

Peter Wozencroft, Director of Strategic Planning & Commercial Development, Sherwood Forest Hospitals NHS FT - *Communications and Engagement Board Sponsor*

John Wilson, Deputy Director Adult and Social Care, Nottinghamshire County Council

Paul O'Connor, Chief Executive, Sherwood Forest Hospitals NHS FT

Sean Lyons, Chair, Sherwood Forest Hospitals NHS FT

Angela Potter, Director of Business Development & Marketing, Nottinghamshire Healthcare NHS Trust

Lucy Dudge, Director of Transformation, Mansfield & Ashfield CCG/Newark & Sherwood CCG - *Estates Board Sponsor*

Amanda Sullivan, Chief Officer, Mansfield & Ashfield CCG/Newark & Sherwood CCG

Gareth Barber, Better Together Programme Manager

Claire Grainger, Chief Executive, HealthWatch Nottinghamshire (*attends as a contributing observer only*)



Want to find out more?

For background information about Better Together, our journey so far and for copies of all stakeholder communications, please visit our website:

www.bettertogethernessmidnotts.org.uk

*Additional board sponsors at director level and dedicated work stream leads will be appointed in the coming weeks. Further details will appear in future editions of this

All Together Healthier conference helps to strengthen partner relationships

Over 80 representatives of the mid Nottinghamshire voluntary and community sector (VCS) gathered in Warsop for the All Together Healthier conference on 15 July.

Chaired by Phil Lyons MBE, the conference started a dialogue between VCS organisations, and also between the NHS and VCS, to identify challenges and benefits to joint working.

Amanda Sullivan, Chief Officer of Newark and Sherwood and Mansfield and Ashfield CCGs, presented an overview of the NHS, including the challenges faced and how these are being addressed through the Better Together programme.

Wynne Garnett, Chairman of Mansfield Community and Voluntary Service outlined a series of steps aimed at building greater mutual understanding and relationships between the VCS and NHS that would lead to more involvement in commissioning, building capacity of the VCS through investment, and identification of skills and volunteering opportunities.

A range of workshops provided delegates with an opportunity to focus on NHS/VCS collaboration, commissioning, integrated and self care, and communications.

Steve Shaw of Ashfield Voluntary Action, said: "We have learned a lot about each other and are in a better place to move forward."

Amanda Sullivan gave a commitment to the VCS that the CCGs would consider how to bring together larger providers and VCS organisations as part of the commissioning process, and this would form part of the assessment criteria for larger providers.

AGM provides opportunity for engagement

The Better Together team had a stand at Nottinghamshire Healthcare NHS Trust's Annual General Meeting on 25 July. The event, themed 'Ambition for the Future', provided the opportunity for people to find out about the Trust's future plans, as well as showcasing improved quality, efficient ways of working and the sharing of good practice.

This informative day provided another valuable opportunity for partnership working, and to engage in one-to-one conversations about the Better Together programme and what it means for the communities in mid Nottinghamshire.



Better Together stand at 'Ambition for the Future' event

Better Together videos

We have produced two short videos that provide an overview of Better Together and what it means for people in mid Nottinghamshire. In the first video, Chief Officer, Amanda Sullivan, explains what Better Together will mean for patients and staff across health and social care in mid Nottinghamshire.

The second video features Amanda explaining the Better Together road map, which illustrates how commissioners are planning to transform the future of the NHS in mid Nottinghamshire.

The links to the videos can be found on the news section of our website. We hope that you will find them helpful and informative.

Sir Neil goes on the road to see integrated care in action

Sir Neil McKay, Chair of the Better Together Programme Board, spent a day with the mid Nottinghamshire PRISM (profiling risk integrated self-management) team on 14 August to witness integrated care in action.

PRISM is a programme developed by Newark and Sherwood CCG that focusses on transforming care for patients with long-term conditions, and the elderly, by supporting them through multi-disciplinary teams. The day began with an introduction to the PRISM story from the Mansfield and Ashfield team. They also shared the benefits, challenges, and their commitment to delivering the best possible outcomes for the people in their care.

Sir Neil then moved on to the Balderton Surgery in Newark. Here he observed a multi-disciplinary team and Gold Standards Framework meeting of GPs and community specialists who had joined together to discuss and agree the best care for those identified at greatest risk of crisis, and how additional support could be provided at home.

The most compelling evidence that integrated care works comes from those who have received it, and at Newark Health Centre patients and their carers gathered to personally share their experiences with Sir Neil.

One of the most heartfelt comments was: "Without PRISM and the support that I and my wife have received, I wouldn't be here today." A couple who were preparing for their first holiday in a long time expressed delight that regular hospital admissions were now rare due to the support they received. Another lady summed up her experience as a patient and a carer: "PRISM just works – it's quite simple."



Sir Neil McKay spends time with PRISM staff and patients

Sir Neil shared his observations of the day: "Proactive, integrated care is the cornerstone of the Better Together programme, and the pace at which this is being delivered by the mid Nottinghamshire team is impressive. It is evident that every member of the team has embraced this shift and is committed to improving the wellbeing of those in their care. We know this because of the powerful stories from patients and their families.

"There are still challenges within the system which hinder truly seamless care, and my day with the PRISM team has crystalized the priorities ahead."

Have your say on service changes

Nottinghamshire Healthcare is seeking people's views on proposed changes to some of its mental health services for adults and older people across the City and County. The proposals include an enhanced Crisis and Home Treatment Service for adults, available 24 hours/seven days a week, a Community Rehabilitation Team for adults, and enhanced community services for older people - all of which will provide increased levels of intensive support.

To find out more and to share your views, visit: www.nottinghamshirehealthcare.nhs.uk/haveyoursay. The deadline for comments is 22 September.

Transfer to assess moves forward

Representatives from a range of health and social care organisations came together at Mansfield Civic Centre on 23 July to agree the changes that are necessary for a more robust mid Nottinghamshire transfer to assess model.

People who are medically fit to leave hospital sometimes experience a delayed discharge from acute services because they require further assessment of needs, such as a social care or occupational therapy assessment. This is not an ideal situation for either the individual or the statutory services.

Participants took part in an exercise which encouraged them to see the problem through the eyes of patients, carers, provider trusts and commissioners, to illustrate a number of issues and the importance of patients' involvement in their own care. Ensuring that the right patients are discharged at the right time, to provide the right outcome and a good patient experience emerged as a key concern. Other sessions focussed on process mapping and what is needed from organisations to make transfer to assess work well.

This workshop was an important step towards a new transfer to assess model which will address the current issues and improve the patient's experience. We value the participants' feedback, which will help to drive major improvements to the current processes, and make possible earlier discharge for medically fit patients who require ongoing assessment.



Excellent response to survey

Thank you to everyone who answered our recent survey on self care and primary care. We will report on the results and how they will help our planning in our next briefing.

Call for local people to stand as hospital governors

Sherwood Forest Hospitals NHS Foundation Trust is inviting local people to stand as governors and help shape healthcare services in their area. Governors play an important role in holding the Trust accountable for the services it provides, as well as helping it deliver quality care to local communities.

An information pack and nomination papers can be obtained from Katie Roper at UK Engage by calling **0345 209 3770**, emailing **sfhgovernors@uk-engage.org** or texting 'sfh' plus your name and address to **07773 789 104**.

Nomination forms must be received by the Returning Officer no later than 5pm on **Monday 15 September**. For more information visit **www.sfh-tr.nhs.uk**.

Why not become a Better Together Champion?

Have you considered becoming a Better Together Champion? Anyone can get involved – from interested members of the public, to healthcare professionals and third sector staff – and we'd love to have you on board.

Our champions choose how much they get involved, but activities include answering surveys, attending events, visiting existing services and sharing news of changes with friends, family members and work colleagues.

For more information please visit **www.bettertogethermidnotts.org.uk**, email: **NSHCCG.bettertogether@nhs.net** or telephone **01623 673591**.